

# SCOPE OF PRACTICE COMMITTEE

December 7, 2004

**Members Present:** See Attached List

**Guests Present:** See Attached List

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## **Call to Order**

Pat Johnson, co-chairperson, called the meeting to order at 10:05 AM.

### **I. Changes in the Scope of Practice Committee membership**

Pat Johnson announced the resignation of Nancy Metzger, RN.  
Pat gave a brief introduction of her experiences in nursing.

### **II. Review of Minutes**

The minutes of the September 7, 2004 meeting were reviewed. Motion to approve the minutes was made by Vicki Buchda and seconded by Marla Moore. Minutes were approved.

### **III. Advisory Opinion on Analgesia: Intraspinal (Epidural and/or Intrathecal) Medication**

Approved by the Board at the November 2004 meeting.

### **IV. Draft Advisory Opinions for discussion / decision**

#### **A. Pain Management**

Guest, Marla Weston, Executive Director of Arizona Nursing Association, discussed the possibility of developing a "Frequently Asked Questions" paper relating to pain management instead of developing a position paper. She identified two current viewpoints: View one is if you gave nurses the same scenario with PRN orders and patients, they should come to the same conclusion on what should be administered to the patient. View two is that there could be a range of acceptable interventions based on assessment / judgment.

The greatest amount of discussion centered on the question: "If the health care provider gives an order for a range dose, such as 'morphine 4-8 mg every 4 hours PRN,' is it within the nurses scope of practice to administer an initial dose, i.e. 4 mg and then give an additional 4 mg if the patient's pain persists, as long as the maximum range (8 mg) is not exceeded within the 4 hour time frame?"

Committee members expressed views that the following response most closely mirrored their views: "After giving the 'initially selected dose,' the patient is reassessed to determine if additional medication is needed. If the patient's pain is not controlled, additional increments of medication can be given (within time

frame) until the maximum amount ordered by the health care provider is administered.”

The Committee discussed how the time should be determined when giving partial doses. Some members suggested that the repeat order (i.e. 4-8 mg) would be administered 4 hours from the time the first partial dose was administered. Other members felt the total maximum dose (i.e. 8 mg) must not be exceeded in the hours stated (4 hours) in the health care provider’s order, i.e. “rolling clock.” The committee decided this opinion should be described in the FAQ draft for further discussion on March 8, 2005 Scope of Practice meeting.

Guest, Virginia Blair, with Department of Health Services, stated that surveys have shown that nurses don’t consistently calculate doses over certain periods of time, resulting in bad outcomes.

Joey Ridenour, Executive Director of Arizona State Board of Nursing, expressed concern that under-dosing of patients in pain is a bigger issue and encouraged the Committee to take in the big picture, while being specific in the question on range orders.

Anita Fijalka reported that she had checked with LPN organizations and found no position statements relating to pain management

Judy Bontrager reported that the possibility of a joint statement was explored with the Pharmacy Board and they didn’t feel it was needed. It was felt that it was not a good time to address the possibility of a joint statement with BOMEX, due to the Executive Director just being recently appointed.

#### **Recommendations / Actions Taken / Responsible For:**

- Develop a draft for two FAQ documents:
  - Range Orders
  - Pain Management / Equigesic Dosing – Marla Weston and Judy Bontrager
- E-mail draft of FAQ to Scope of Practice Committee members – Judy Bontrager
- Send draft to Advance Practice Committee for input – Judy Bontrager

#### **B. Dermatological Procedures Performed by Registered Nurses**

- Statements from various guests, esthetic nurse specialists, a physician, and equipment sales representative were heard. Much concern and confusion was expressed regarding the proposed rules from The Radiation Regulatory Agency. (Article 14) Direct and indirect supervision requirements for laser hair removal and intense pulse light cosmetic treatments needed additional clarification as to how this related to the Registered Nurse scope of practice.
- The draft advisory opinion was reviewed. The committee chose to use “supervision” vs. “direction” to describe the type of health care provider oversight needed by the Registered Nurse. Motion was made by

\_\_\_\_\_ and seconded by \_\_\_\_\_ to approve.  
Motion was approved.

**Recommendations / Actions Taken / Responsible For:**

- Set up meeting with Mr. John Lamb, Radiation Regulatory Agency to discuss concerns relating to Article 14, and how it affects Registered Nurses – Judy Bontrager
- Take draft advisory opinion to the January 2005 Board for approval – Judy Bontrager

**C. Intraventricular Administration of Therapeutic Agents**

The draft revisions were reviewed / discussed. A motion was made by Marla Moore; seconded by Theresa Frimel to approve. Motion approved.

**Recommendations / Actions Taken / Responsible For:**

- Take revised advisory opinion to the January 2005 Board for approval – Judy Bontrager

**V. School Nurse Supervision of Unlicensed Assistive Personnel (UAP's)**

Karen Stewart presented a draft advisory opinion on School Nurse Practice. She discussed the need for administrators to have a greater understanding of the school nurse role and the need for increased numbers of nurses in the schools. Approximately 12 school nurse guests also voiced concerns about the following needs: a consultant to bridge communication between Department of Education and Department of Health Services, a training curriculum for UAPs, the need for legislation to mandate school nurses, student ratios, need for increased understanding of the school nurse role by administrators.

Joey Ridenour discussed avenues available to the school nurses to address their issues, i.e. Arizona Nurses Association, Governor's Office, school nurse organizations.

**Recommendation / Action Taken / Responsible For:**

- Call Arizona Nursing Association executive director to set up a meeting with Susan Gerard, Rory Hayes, Lynette Evans and other pertinent individuals – Joey Ridenour
- Call Arizona Nursing Association executive director and let her know other individuals who would be beneficial to the discussion – Karen Stewart / School Nurses
- Continue working on advisory opinion for presentation at a future date – Karen Stewart

**VI. Approval of Scope of Practice meeting dates for 2005**

March 8, 2005

June 7, 2005

September 13, 2005

December 6, 2005

**VII. Questions to be placed on Web page**

Ask questions relating to school nurses.

**Recommendation / Action Taken / Responsible For:**

- Develop 2-3 specific questions – Karen Stewart

**VIII. Adjournment**

The meeting was adjourned at 2:53 PM. The next meeting is scheduled for March 8, 2005.

Minutes Respectfully Submitted by:

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Judy Bontrager, RN, MN

Minutes Approved: \_\_\_\_\_

JB/mlp

**Scope of Practice Committee Meeting  
Arizona State Board of Nursing**

**December 7, 2004**

**List of Attendees**

**SOP Committee Members**

Kathy Adamson, RNC  
Vicki Buchda, MS, RN  
Trista Campbell, RN  
MaryAnne Cox, RN, MHPE  
Jean Dorame, RN, CEN, BSN  
Susan Eubanks, RN  
Anita Fijalka, LPN  
Pat Foster, MS, RN  
Theresa Frimel, RN, MSN  
Heide Johnson, LPN  
Patricia Johnson, LPN  
Charlotte Kelley, RN, MSN  
Linda Maschner, RN, MS  
Tina McConn, RN  
Marla Moore, RN, BSN, MA  
Linda Nelson, MS, RNC  
Kathleen Pollard, MSN, RN, CHPN  
Claudette Rodstrom, RN, BA, MSA  
Karen Stewart, RN, MSN  
Natascha Troehler, RN, BSN, CLNC  
Judy Bontrager, RN, MN  
Joey Ridenour, RN, MN

**Guests**

Pat Midkiff, RN, MN, ASBN  
Danielle Moreno, Mesa/Boswell School of Nursing  
Launi Vos, Mesa/Boswell School of Nursing  
Mary Hubenthal, Director of Nursing, Banner  
Estrella  
Marla Weston, AZ Nursing Association  
Virginia Blair, AZ Department of Health Services  
Paula Fisher, Sunnyside Unified School District,  
Tucson  
Joan Olcott, RN, Renova Esthetic Medicine  
Margaret Spurny, RN, Renova Esthetic Medicine  
Paul Benchwick, PCA  
Leigh Giordan, Novellino  
John Godson, Palomar Medical  
Roxanne Stein, OLMC School  
Krista A. Lussier, Old Dominion / AZ Nursing  
Association  
Shirley Rodriguez, Yuma Elementary District  
Cathy Denny, Gila River Health Care Corp.  
Mary Hallett, AZ Nursing Association, School  
Nurse Chapter  
Rita Topia, Andalucia / Alhambra District #68  
Judie Crawford, Marana School District #6  
Janet Gradle, Apache Junction, AZ  
Sandi Beck, Amphi District, Tucson  
Pam Labozetta, Amphi District, Tucson  
Larry Heliz, Orion Lasers  
Mary L. Lotten, Flagstaff Unified School District  
Tori Trahan, Scottsdale Unified School District  
Sharon K. Roland, Murphy Elementary School  
District #21  
Nadine Miller, Mesa Public Schools  
Virginia Donahue, Kyrene School District  
Cathy Raible, Mesa Public Schools